

Open Class guards are comprised of advanced level vocabulary skills and excellence. Physical and mental development separates standards between Independent and Scholastic age performers.

Stylistic diversity is to be encouraged with all choices given equal potential for success.



# Open Class Movement

## Vocabulary

Score
100

**Whose vocabulary contained the greater:**

- Range, variety and depth of movement skills
- Dynamic range through the efforts of space, time, weight, and flow
- Depth, range, and variety of blend between equipment and body
- Range of content most compatible with performers' training, and safety

Box 1	Box 2	Box 3	Box 4	Box 5
<b>0 to 6</b>	7   14   22	30   40   50	60   70   80	90   94   98
Seldom Experiences <b>0 to 6</b>	Rarely Discovers <b>7 to 29</b>	Sometimes Knows <b>30 to 59</b>	Frequently Understands <b>60 to 89</b>	Always Applies <b>90 to 100</b>

## Excellence

Score
100

**Whose performers demonstrated the better:**

- Understanding and application of movement principles
- Understanding and application of a dynamic range, through the efforts of space, time, weight, and flow
- Achievement of blended body and equipment challenges
- Development of breath, muscle, tension, flexion, and rotation
- Training to support vocabulary and completion of skills

### Sub Caption Spread Guidelines

Insignificant Differences	Slight Differences	Moderate Differences	Significant Differences
0 to 1 tenth	2 to 3 tenths	4 to 6 tenths	7 or more tenths

<b>TOTAL</b>
<b>200</b>

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**WGI MOVEMENT OPEN CLASS**

Box 1 Seldom Experiences			Box 2 Rarely Discovers				Box 3 Sometimes Knows			POINTS OF COMPARISON	Box 4 Frequently Understands			Box 5 Always Applies													
0 to 06			07 to 29				30 to 59				60 to 89			90 to 100													
0	3	6	7	13	14	21	22	29	30		39	40	49	50	59	60	69	70	79	80	89	90	93	94	97	98	100
AMOUNT OF CRITERIA MET/ AMOUNT OF TIME									SOME/SOME		MOST/MOST	ALL/ALL/TO 4 SOME/SOME	SOME/SOME	MOST/MOST	ALL/ALL/TO 5 SOME/SOME	SOME/SOME	MOST/MOST	ALL/ALL									

**VOCABULARY - AT AN ADVANCED LEVEL, WHOSE VOCABULARY CONTAINED THE GREATER:**

<p>• Generally lacks readability.</p>	<ul style="list-style-type: none"> <li>Sporadic, with some variety.</li> <li>Longer phrases.</li> <li>Extremely incomplete program may limit scoring potential.</li> </ul>	<ul style="list-style-type: none"> <li>Good, with fuller phrases, variety, direct and indirect planes, dimensionality, and some versatility.</li> <li>Methods and techniques require average physical and mental development.</li> <li>May still be in a work in progress, but provides adequate opportunity.</li> </ul>	RANGE, VARIETY AND DEPTH OF MV SKILLS	<ul style="list-style-type: none"> <li>Broad and varied, with good depth.</li> <li>Phrases are longer, more dimensional and move through multiple planes, with increase versatility.</li> <li>Methods and techniques require good physical and mental development.</li> </ul>	<ul style="list-style-type: none"> <li>Enriched with challenges containing variety and versatility, with frequent dexterity and varied combinations in both direct and indirect multi-planar work.</li> <li>Methods and techniques require strong physical and mental development at this level.</li> </ul>
	<ul style="list-style-type: none"> <li>Apparent gradations of time and weight offer some range.</li> </ul>	<ul style="list-style-type: none"> <li>Good, with moderate gradations of space, time, weight and flow.</li> </ul>	DYNAMIC RANGE: SPACE, TIME, WEIGHT, FLOW	<ul style="list-style-type: none"> <li>A broad and varied range of gradations of space, time, weight, and flow.</li> </ul>	<ul style="list-style-type: none"> <li>A consistent and full dynamic range of gradations of space, time, weight, and flow.</li> <li>Consistent connection between MV and EQ dynamics</li> </ul>
	<ul style="list-style-type: none"> <li>Occasionally combined with EQ, motion or staging</li> </ul>	<ul style="list-style-type: none"> <li>Good, involving combinations with EQ or staging.</li> </ul>	DEPTH, RANGE AND VARIETY OF BLEND BTW EQ AND BODY	<ul style="list-style-type: none"> <li>Significantly blended on EQ or staging.</li> </ul>	<ul style="list-style-type: none"> <li>Consistent multiple and layered responsibilities.</li> </ul>
	<ul style="list-style-type: none"> <li>A limited range of intermediate material is compatible with the training.</li> </ul>	<ul style="list-style-type: none"> <li>A moderate range of intermediate material is compatible with the training.</li> </ul>	RANGE OF MATERIAL MOST COMPATIBLE WITH TRAINING	<ul style="list-style-type: none"> <li>A broad range of advanced intermediate material is compatible with the training.</li> </ul>	<ul style="list-style-type: none"> <li>A full range of advanced intermediate to some advanced material is compatible with the training.</li> </ul>

**EXCELLENCE - AT AN ADVANCED LEVEL, WHOSE PERFORMERS DEMONSTRATED THE BETTER:**

<p>• No training in MV principles demonstrated</p>	<ul style="list-style-type: none"> <li>Discovering the skills required for achievement and experiencing development relative to MV principles.</li> <li>Style not defined.</li> <li>Some uniformity in method and timing.</li> </ul>	<ul style="list-style-type: none"> <li>Understood but may vary from individual to individual.</li> <li>Developing style.</li> <li>Moderate method and timing.</li> <li>Beginning awareness of moving through space in both isolated skills and skills done in support of the EQ.</li> </ul>	UNDERSTANDING AND APPLICATION OF MV PRINCIPLES	<ul style="list-style-type: none"> <li>Advanced intermediate principles are understood and developing with stronger application.</li> <li>Good uniformity in method, style and timing.</li> <li>Good understanding of moving through space in both isolated skills and skills done in support of the EQ.</li> </ul>	<ul style="list-style-type: none"> <li>A strong range of advanced intermediate principles ar applied and consistentl achieved, with strong uniformity in method, style and timing.</li> <li>Strong achievement moving through space in both isolated skills and skills done in support of the EQ.</li> </ul>
	<ul style="list-style-type: none"> <li>Experiencing development, not yet understood.</li> </ul>	<ul style="list-style-type: none"> <li>Longer periods of moderate achievement of gradations of space, time, weight and flow.</li> </ul>	UNDERSTANDING AND APPLICATION OF DYNAMIC RANGE: SPACE, TIME, WEIGHT, FLOW	<ul style="list-style-type: none"> <li>An advanced intermediate dynamic range is understood with clear to strong application.</li> <li>Good connection between EQ and MV dynamics.</li> </ul>	<ul style="list-style-type: none"> <li>A strong advanced intermediate dynamic range is applied, clear, and consistently achieved.</li> <li>Consistent connection between EQ and MV dynamics.</li> </ul>
	<ul style="list-style-type: none"> <li>Inconsistent body development causes variations in the look of the choreography.</li> </ul>	<ul style="list-style-type: none"> <li>Bodies are moderately trained to handle and control the EQ.</li> </ul>	ACHIEVEMENT OF BLENDED EQ AND BODY CHALLENGES	<ul style="list-style-type: none"> <li>Bodies are well prepared to handle and control the EQ.</li> <li>Sound achievement of multiple or layered responsibilities.</li> </ul>	<ul style="list-style-type: none"> <li>Good body development supports the EQ responsibilities.</li> <li>Strong and consistent achievement of multiple or layered responsibilities.</li> </ul>
	<ul style="list-style-type: none"> <li>Knowledge not fully applied at this level.</li> </ul>	<ul style="list-style-type: none"> <li>Knowledge is more understood and applied.</li> </ul>	DEVELOPMENT OF BREATH, MUSCLE, TENSION, FLEXION, ROTATION	<ul style="list-style-type: none"> <li>Used in support of all skills.</li> </ul>	<ul style="list-style-type: none"> <li>Applied throughout and work well to achieve all responsibilities.</li> </ul>
	<ul style="list-style-type: none"> <li>Developing training.</li> <li>Rare recovery from frequent breaks and flaws.</li> <li>Sporadic concentration.</li> <li>Incomplete program may limit training demonstration.</li> <li>Rare and sporadic completion of skills</li> </ul>	<ul style="list-style-type: none"> <li>Moderate training, relative to skills.</li> <li>Evolving recovery from breaks and flaws.</li> <li>Developing concentration and stamina, with good achievement during multiple or layered responsibilities.</li> <li>Average physical and mental development.</li> <li>Developing completion of skills</li> </ul>	TRAINING TO SUPPORT VOCABULARY AND COMPLETION OF SKILLS	<ul style="list-style-type: none"> <li>Well-developed training for this level.</li> <li>Good recovery from infrequent breaks and flaws.</li> <li>Consistent concentration and stamina.</li> <li>Good physical and mental development for this level.</li> <li>Some success at occasional advanced challenges.</li> <li>Broad completion of skills</li> </ul>	<ul style="list-style-type: none"> <li>Fully developed training for this level.</li> <li>Quick recovery from infrequent breaks and flaws.</li> <li>Consistently achieved concentration and stamina.</li> <li>Full physical and mental development for this level.</li> <li>Good success at some advanced challenges.</li> <li>Constant completion of skills</li> </ul>