

# WGIcon 2022

## Performance and Improv Workshop “Beyond The Dotbook”

### CREATING A NARRATIVE

#### PALETTE - PLACE - PURPOSE

Take moments in your program...whole movements or small segments and ask your students what images, color, locations and motivations come to mind when playing the music, doing the choreography or moving thru the staging. The more abstract the better.

**PALETTE** – (How does it feel?) Atmosphere, colors, feels like...

**PLACE** – (Where are we?) landscape, location (literal and abstract)

**PURPOSE** – (Why are we here?) character motivation, how does this serve the story arc?  
Designer’s purpose (structurally)

- Break up into small teams, have each team do a sheet for each “Moment”
- Each team shares their results and then track where there are similarities.

#### The Efforts

Alongside these images consider the appropriate physical efforts manifested by the choreo. By utilizing the 8 Efforts to describe the movement and applying that to **Palette, Place and Purpose**...we start to construct the emotional journey.

#### LABAN TERMS and APPLICATIONS

- **The 8 Efforts** = Twist, Press, Flick, Dab, Glide, Float Punch and Slash
- **The Human Movements** = Direction, Weight, Speed and Flow
- **The Dual Efforts** of each movement. The spectrum of the movements ( Direct to indirect- heavy to light etc.)
- **Emotional Connections** to Efforts ( Dab = hesitant, testing, caring)