

The background of the image is a dense, overlapping collage of arrows in various colors including red, blue, light blue, pink, yellow, orange, purple, light purple, grey, and green. The arrows point in multiple directions, creating a sense of movement and complexity. A solid green horizontal banner is centered across the image, containing white text.

WGIcon 2022
“Beyond The Dotbook”

Workshop Intent



- The intent of the workshop is to provide a tool for students and staff to actively participate in establishing the “Emotional Journey” of your program.
- Students will explore theater improvisation, character development and creation of a narrative/subtext to enhance and support performance.
- The work is highly interactive, engaging and fun.
- There are 3 main components:

Performance and Improvisation Workshop

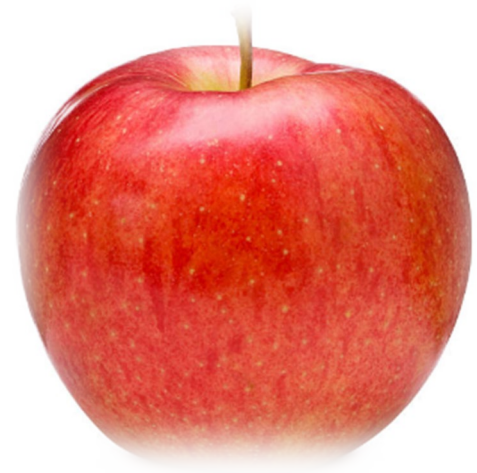


- **Improv games and exercises** designed to have the students experience risk taking, team building and “freeing up” performance.
- **Character Development** through the creation of a history, environment and character motivation.
- **Creating a Narrative** where students will explore subtext for both literal and abstract storytelling. Students learn how to apply a narrative to their particular program.

One Object – Three Words



One Object – Three Words



BEYOND THE DOT BOOK



**Not just the “What and the How”...but also the
“Why?”**

MUSCLE MEMORY



“ When a movement is repeated over time, a long-term muscle memory is created for that task, eventually allowing it to be performed without conscious effort. **This process decreases the need for attention and creates maximum efficiency within the motor and memory systems.”**

Pallet - Place - Purpose



PALETTE = HOW DOES IT FEEL?

* atmosphere, colors, feels like...

PLACE = WHERE ARE WE?

* landscape, location (literal/abstract)

PURPOSE = WHY ARE WE HERE?

* motivation, how does it serve the story?

Designer's intent

Take moments in your program...whole movements or small segments and ask your students to describe what images, color, locations and motivations come to mind when playing the music, doing the choreography or moving thru the staging. The more abstract the better.

LABAN TERMS and APPLICATIONS



- **The Human Movements** = Direction, Weight, Speed and Flow
- **The Dual Efforts** of each movement. The spectrum of the movements (Direct to indirect- heavy to light etc.)
- **The 8 Efforts** = Wring, Press, Flick, Dab, Glide, Float Punch and Slash
- **Emotional Connections** to Efforts (Dab = hesitant, testing, caring)

Creating an Emotional Journey



PALETTE PLACE PURPOSE

plus

PHYSICAL EFFORTS

= Emotional Journey

Thank You



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Suggested Reading Materials

Viola Spolin

“Theater Games for the Classroom”

Keith Johnstone

“Impro: Improvisation and the Theater”