Regional A Class guards are comprised of introductory/beginning level vocabulary skills and excellence. Success comes from strategic choices in vocabulary that lead to the achievement of excellence. Stylistic diversity is to be encouraged with all choices given equal potential for success.

Vocabulary

**Whose vocabulary contained the greater:**
- Range and variety of movement skills
- Dynamic range through the efforts of space, time, weight, and flow
- Depth, range, and variety of blend between equipment and body
- Range of material most compatible with performers’ training

<table>
<thead>
<tr>
<th>Box 1</th>
<th>Box 2</th>
<th>Box 3</th>
<th>Box 4</th>
<th>Box 5</th>
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</thead>
<tbody>
<tr>
<td>0 to 6</td>
<td>7</td>
<td>14</td>
<td>22</td>
<td>60</td>
</tr>
</tbody>
</table>

Seldom Experiences

Rarely Discovers

Sometimes Knows

Frequently Understands

Always Applies

Excellence

**Whose performers demonstrated the better:**
- Understanding and application of movement principles
- Understanding and application of the efforts of space, time, weight, and flow
- Achievement of blended body and equipment challenges
- Development of breath, muscle, tension, flexion, and rotation
- Training to support vocabulary

<table>
<thead>
<tr>
<th>Insignificant Differences</th>
<th>Slight Differences</th>
<th>Moderate Differences</th>
<th>Significant Differences</th>
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<tbody>
<tr>
<td>0 to 1 tenths</td>
<td>2 to 3 tenths</td>
<td>4 to 6 tenths</td>
<td>7 or more tenths</td>
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Sub Caption Spread Guidelines

TOTAL 200
WGI MOVEMENT REGIONAL A CLASS

<table>
<thead>
<tr>
<th>BOX 1</th>
<th>BOX 2</th>
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</thead>
<tbody>
<tr>
<td>Seldom Exp.</td>
<td>Rarely Discovers</td>
<td>Sometimes Knows</td>
<td>Frequently Understands</td>
<td>Always Applies</td>
</tr>
<tr>
<td>0 to 06</td>
<td>07 to 29</td>
<td>30 to 59</td>
<td>60 to 89</td>
<td>90 to 100</td>
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<tr>
<td>0</td>
<td>3</td>
<td>6</td>
<td>0 to 06</td>
<td>07 to 29</td>
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<tr>
<td>AMOUNT OF CRITERIA MET/AMOUNT OF THE TIME:</td>
<td>SOME/SOME</td>
<td>MOST/MOST</td>
<td>ALL/ALL to 4</td>
<td>SOME/SOME</td>
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**POINTS OF COMPARISON**

**VOCABULARY—AT AN INTRODUCTORY TO BEGINNING LEVEL, WHOSE VOCABULARY CONTAINED THE GREATER:**

- Limited, repetitious, or only single efforts.
- Short phrases.
- Program is extremely incomplete.
- Generally lacks readability
- Seldom included.
- Single efforts only.
- An extremely limited range of introductory material is compatible with the training.
- A limited range of introductory material is compatible with the training.
- Range of material most compatible with training.

**RANGE AND VARIETY OF MV SKILLS**

- Some variety.
- May still be in a work in progress, but provides adequate opportunity.
- Growing range, with some variety and dimensionality.
- Growing range of gradations.
- Some combining with EQ or staging.
- A moderate to broad range of introductory material is compatible with the training.

**DYNAMIC RANGE: SPACE, TIME, WEIGHT, FLOW**

- Sometimes explores gradations of time and weight.
- Growing range of gradations.
- Growing range of qualities and gradations.
- Good introductory to beginning range, with some variety of combination with MV and/or staging.

**DEPTH, RANGE AND VARIETY OF BLEND BTW EQ/BODY**

- Occasionally combined with EQ, motion or staging.
- Good introductory to beginning range, with some variety of combination with MV and/or staging.

**RANGE OF MATERIAL MOST COMPATIBLE WITH TRAINING**

- A limited range of introductory material is compatible with the training.
- A broad range of introductory to some beginning material is compatible with the training.

**EXCELLENCE - AT AN INTRODUCTORY TO BEGINNING LEVEL, WHOSE PERFORMERS DEMONSTRATED THE BETTER:**

- Discovering, with some training and uniformity relative to introductory principles.
- Style not understood.
- Known, but may vary from individual to individual or relative to effort required.
- Developing style.
- More consistent method and timing.
- Introductory skills understood and often achieved, with more consistent uniformity in method, style and timing.
- Introductory and beginning skills are applied and achieved, with improved uniformity in method, style and timing for this class.

- Not understood.
- Attempted, beginning to develop, but are sporadic.
- Gradations of time and weight are achieved for short periods.
- Introductory and beginning dynamic efforts are applied with greater success with gradations in space, time, weight and flow.

- Inconsistent body development causes variations in look of the MV.
- Undeveloped body qualities cause variation in look of the MV.
- Body development is improving, lending support beneath MV and EQ.
- Body development lends good support beneath MV and EQ.

- Not understood or applied.
- Introductory knowledge is applied in simple efforts.
- Understood and applied in simple introductory efforts.
- Understood and applied in introductory to beginning efforts.

- Developing training.
- Weak or no recovery from frequent breaks and flaws.
- Weak concentration.
- Extremely incomplete program may limit training demonstration.
- Moderate introductory training, concentration and stamina.
- Inconsistent recovery from breaks and flaws.
- Average physical and mental development for this level.
- May be a work in progress but allows adequate demonstration.
- Good training for this class.
- More evident recovery from breaks and flaws.
- Developing and moderate concentration and stamina.
- Good physical and mental development for this class.
- Successful training for this class.
- Growing recovery from breaks and flaws.
- Developing and good concentration and stamina.
- Appropriate physical and mental development.
- Some success at some beginning intermediate challenges.

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