A Class guards are comprised of intermediate levels of vocabulary skills and excellence. Success comes from strategic choices in vocabulary that lead to the achievement of excellence. Stylistic diversity is to be encouraged with all choices given equal potential for success.

**Vocabulary**

**Whose vocabulary contained the greater:**
- Range and variety of movement skills
- Dynamic range through the efforts of space, time, weight, and flow
- Depth, range, and variety of blend between equipment and body
- Range of material most compatible with performers’ training

<table>
<thead>
<tr>
<th>Box 1</th>
<th>Box 2</th>
<th>Box 3</th>
<th>Box 4</th>
<th>Box 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 to 6</td>
<td>7</td>
<td>14</td>
<td>22</td>
<td>60</td>
</tr>
<tr>
<td>Seldom Experiences</td>
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<td>Seldom Experiences</td>
<td>Seldom Experiences</td>
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<table>
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<th>30</th>
<th>40</th>
<th>50</th>
<th>90</th>
<th>94</th>
<th>98</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sometimes Knows</td>
<td>Sometimes Knows</td>
<td>Sometimes Knows</td>
<td>Sometimes Knows</td>
<td>Sometimes Knows</td>
<td></td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th>60</th>
<th>70</th>
<th>80</th>
<th>90</th>
<th>94</th>
<th>98</th>
</tr>
</thead>
<tbody>
<tr>
<td>Frequently Understands</td>
<td>Frequently Understands</td>
<td>Frequently Understands</td>
<td>Frequently Understands</td>
<td>Frequently Understands</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>90</th>
<th>94</th>
<th>98</th>
</tr>
</thead>
<tbody>
<tr>
<td>Always Applies</td>
<td>Always Applies</td>
<td>Always Applies</td>
</tr>
</tbody>
</table>

**Excellence**

**Whose performers demonstrated the better:**
- Understanding and application of movement principles
- Understanding and application of dynamic range, through efforts of space, time, weight, and flow
- Achievement of blended body and equipment challenges
- Development of breath, muscle, tension, flexion, and rotation
- Training to support vocabulary

**Sub Caption Spread Guidelines**

<table>
<thead>
<tr>
<th>Insignificant Differences</th>
<th>Slight Differences</th>
<th>Moderate Differences</th>
<th>Significant Differences</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 to 1 tenths</td>
<td>2 to 3 tenths</td>
<td>4 to 6 tenths</td>
<td>7 or more tenths</td>
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</tbody>
</table>

**TOTAL**

200
<table>
<thead>
<tr>
<th>BOX 1</th>
<th>BOX 2</th>
<th>BOX 3</th>
<th>BOX 4</th>
<th>BOX 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Seldom Exp.</td>
<td>Rarely Discovers</td>
<td>Sometimes Knows</td>
<td>Frequently Understands</td>
<td>Always Applies</td>
</tr>
<tr>
<td>0 to 06</td>
<td>07 to 29</td>
<td>30 to 59</td>
<td>60 to 89</td>
<td>90 to 100</td>
</tr>
<tr>
<td>AMOUNT OF CRITERIA MET/AMOUNT OF THE TIME:</td>
<td>SOME/SOME MOST/MOST ALL/ALL to a SOME/SOME</td>
<td>SOME/SOME MOST/MOST ALL/ALL to a SOME/SOME</td>
<td>SOME/SOME MOST/MOST ALL/ALL</td>
<td></td>
</tr>
</tbody>
</table>

### VOCABULARY – AT AN INTERMEDIATE LEVEL, WHOSE VOCABULARY CONTAINED THE GREATER:

- Limited, repetitious, or only single efforts.
- Short phrases.
- Program is extremely incomplete.
- Some variety.
- Longer phrases.
- May still be in a work in progress, but provides adequate opportunity.

- Generally lacks readability.
- Apparent gradations of time and weight offer some range.

- Seldom included.
- Occasionally layered with EQ.

- Single efforts only.
- A limited range of intermediate material is compatible with the training.

- An extremely limited range of intermediate material is compatible with the training.

### EXCELLENCE - AT AN INTERMEDIATE LEVEL, WHOSE PERFORMERS DEMONSTRATED THE BETTER:

- Discovering, with some training.
- Style not understood.
- Some uniformity in method and timing.

- Still being discovered, not understood and in some cases not written.
- Inconsistent body development causes variations in the look.

- No training in MV principles demonstrated

- Developing training.
- Weak recovery from frequent breaks and flaws.
- Weak concentration.
- Extremely incomplete program may limit training demonstration.

### UNDERSTANDING AND APPLICATION OF MV PRINCIPLES

- Undersstood but may vary from individual to individual or relative to effort required.
- More consistent centering and body alignment.
- Developing style.
- More consistent ease moving through space.

- Undersstood but may vary from individual to individual or relative to effort required.
- Some good achievement of time and weight gradations.
- Fairly good space/time uniformity in staging responsibilities.

- Understood but may vary from individual to individual or relative to effort required.
- Some good achievement of time and weight gradations.
- Body development is improved in support beneath EQ.

### UNDERSTANDING AND APPLICATION OF DYNAMIC RANGE: SPACE, TIME, WEIGHT, FLOW

- Gradations of space, time, weight and flow are usually achieved.
- Good space/time uniformity in staging responsibilities.

- Graded gradations of space, time, weight and flow are usually achieved.
- Good space/time uniformity in staging responsibilities.

### ACHIEVEMENT OF BLENDED EQ/BODY CHALLENGES

- Body development is improved in support beneath EQ.

- Body development lends good support beneath EQ.

### DEVELOPMENT OF BREATH, MUSCLE, TENSION, FLEXION, ROTATION

- Understood and frequently applied.

- Applied throughout.

### TRAINING TO SUPPORT VOCABULARY

- Good training.
- Evident recovery from occasional breaks and flaws.
- Consistent concentration and stamina.
- Good physical and mental development.
- Some success at occasional advanced intermediate challenges.

- Successful for this class.
- Quick recovery from infrequent breaks and flaws.
- Well achieved concentration and stamina.
- Good physical and mental development.
- Good success at some advanced intermediate challenges.

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